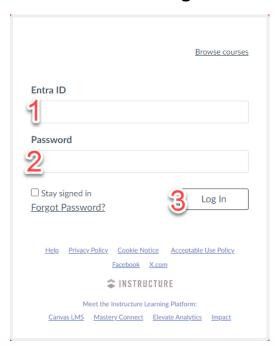# Logging into Canvas with a non-@mainehealth.org e-mail

STEP 1: Go to: https://mainehealth.org/maine-medical-center/healthcare-professionals/canvas

STEP 2: Click on "MaineHealth Friends"

STEP 3: Login with your e-mail address (1) and password (2), then click "Log In" (3). If logging in for the first time into Canvas, you will be prompted to create a password. If you have forgotten your password, click on "Forgot Password?" to have it reset.

IF YOU CONTINUE TO HAVE PROBLEMS LOGGING IN PLEASE CONTACT
CANVASHELP@MAINEHEALTH.ORG